



The month of March has always been known as the time for Passion and Action as well as many holy and sacred energies. Thus this month is named for the Planet Mars who is now very happy to finally be moving onwards after a 7 month path of retrograde (apparently moving backwards) in the heart centered sign of Leo. Big news of the month is not only the Spring Equinox on the 20th but Mars direct on the 10th in Leo Mars will remain in the retrograde shadow until May 15th so heart centered energy will focus us in all endeavors. Imagination is strong so imagine the best outcome.

Happy Birthday Pisces and Aries as we enter your soul contract time and time for all of us to step into our contracts. Colors for March are Red for passion and Green for healing. Stones are Bloodstone and Aquamarine for the same. Flowers are Daffodil and Jonquils and creatures are Cougar and Sea Crow and a beginning of a new era is upon us as we begin signing new soul contracts.

The real 2010 New Year begins on the 20th as the sun moves to Aries. Here in Seattle the Spring Equinox happens at 10:32am as the Sun enters Aries we enter the time of the east, the time of Illumination and wisdom. The time of spring, and the Vernal Equinox. In American Indian Tradition the time of the east is about the eagle and the season is spring. The time of day is dawn and the colors are red and gold. The powers of the East are illumination and wisdom this year March 20th until April 19th is the Budding Trees moon.

Until March 20th the sun in Pisces is working hard to help us realign with our inner knowing and Beliefs are very strong as we are in the time of Water or feelings and intuition and imagination. What is it that you believe and how do you manifest what you believe with Jupiter and Uranus in Pisces most of the year seems our theme.

On the 13th, 14th, 15th Pisces energy is almost palatable. We have the magical dark of the moon intention time on the 13th and 14th and the 15th the new moon at 25 Pisces seems to bring spiritual practices into our daily lives.

The key to handling the new energy of Spring 2010 is truly believing in yourself, as we enter the time of "I AM" As the Sun enters Aries ... We do become what we think we are so I AM ___ statements are POWERFUL now. It is Only by processing values (Values to me are what I PUT energy into, not what I say is important but what I do

Mercury the planet of ideas and Visions is in the visually stimulat-

ing sign of Pisces until the 17th and on St. Patty's day we all get an added RUSH as Mercury moves to Aries and more of that (lets do it RIGHT NOW) energy pushes us forward.

Remember Saturn retrograde in Libra all month asks that we slow down and reprocess our goals about relationships, work and personal and recognize that since the rules seem to be a bit suspended that others may not like being pushed by us.

March 20th on the Vernal Equinox we reach the midpoint of equality of day and night light halves of the year, when the days and nights are equal at the equator. It is the midpoint between the Solstices (the turning points of the Sun's yearly motion. The Equinoxes are powerful times for us energetically as we are asked to SHIFT and change.

Remember, please a very big part of the theme this month as the urge to push and make it happen is at war with the Pisces energy asking us to first sit back and dream the dream before putting it into concrete. Using both these energies is going to assure some HUGE leaps for lots of us, and I would take you back to last months suggestions for ideas for the rest of the year.

1. Wait 24 hours before making major decisions
2. Stop and breathe energetically deeply much more often each day bringing in light and peace and calming and letting go of the stress and stuff we are picking up from others.
3. Recognize that there may be a plan better than our plan and when we quit resisting it just could be here for us
4. Be open to doing what you said you would NEVER DO and find that you enjoy It and be open to being delighted and sur-prised at your own willingness to change
5. Know that change is here and our part is to KNOW and believe that it is for the best (these are the rules of a happy road trip for us all riding 2010 energy)

For Love energy, (and love is anything we like isn't it) Venus (the planet of earthly love and manifesting) is in the dreamy sign of Venus until the 7th when it moves to Aries (get the idea?) Dream what you want and then begin to take action.


The full moon on Monday the 29th 7:25pm pst begins to set us up for the next month this full moon has the sun at 9 degrees of Aries and the moon at 9 Libra. This moon encounters Saturn retrograde and will be the defining weekend for many who are on the fence about relationships. Recognizing that letting go for the next 2 weeks is the energetic pull of Full moons, many will be letting go of old ideas and beliefs and maybe even actual relationships...

Please, Be open to change, be ready to see the goal and then unfocus your eyes and intents, as that goal ahead can be so much more than you could ever imagine with this energy if you are willing to hold it like a butterfly and let it unfold your destiny. This life current is more powerful than you could do on your own, so lets ride this wave together.

Namaste and Love to you all Carol Barbeau carolastro @ carolbarbeau.com Please visit www.CarolBarbeau.com for eclipse articles and much more

Kasara D'Elene

Kasara is a gifted intuitive herbalist with over 20 yrs experience, combining education in traditional naturopathy and a variety of effective energetic skills to empower clients in finding the best choices for their lives.



Clearings in person or by phone
425-415-8410

**Psychic
and Holistic
Health Fairs**

Kent 1st Sat. Monthly
Browser's Books - 315 W. Meeker St.

Mill Creek/Bothell 2nd Sat
corner of Seattle Hill Rd and 35th Ave SE
From I-5 - East on 164th until it crosses 35th

Bellevue - 3rd Sat - New Location
Friends, Philosophy & Tea. 13850 Bel-Red Rd, Bellevue, Wa 98005 (South side of Applebees) 425-641-4364

West Seattle - 4th Sat
Emerald Spiral Co-op 5910 SW California 98136

FREE ADMISSION

Check web for maps - Private Readings Anytime
New Website www.nwpsychicfairs.com 425-562-4777